

KARATE AUSTRALIA NATIONALS

HOBART 2026



TASMANIAN



JULY 10–12, 2026

KARATE AUSTRALIA NATIONALS

MYSTATE BANK ARENA, TASMANIA

KARATE AUSTRALIA NATIONALS

HOBART 2026

CONTENTS

Welcome Messages	
Welcome from Karate Australia National President and Board Chair	Page 1
Welcome from Karate Tasmania Chair	Page 3
Welcome from The Hon Jane Howlett MP	Page 4
Introduction	
MyState Bank Arena	Page 6
Sponsors	Page 7
Key Dates & Deadlines	
Entry Closing Date	Page 8
Scheduling	Page 8
Official Meetings & Seminars	
Coaches Briefing & Education	Page 9
Referee's Seminar	Page 9
Referee's Seminar Schedule	Page 9
Competition Details	
World Karate Federation Rules	Page 11
Schedule of Permitted Kata	Page 11
Eligibility & Accreditation	Page 12
Divisions	Page 12
Draw Publication	Page 12
Weigh-In	Page 13
Warm-Up & Athlete Marshalling	Page 13
Medal Ceremonies	Page 14
Athlete Behaviour	Page 14
Volunteers Wanted	Page 14
Spectators, Transport & Accommodation	
Spectators & Access Times	Page 16
Transport	Page 16
Parking	Page 17
Recommended Hotels	Page 17
Winter in Tasmania	Page 17
Event Services	
Kaizen Culture	Page 18
Merchandise	Page 18
Spotify Playlist	Page 18
Livestreaming	Page 20
Catering	Page 21
Event Suppliers	Page 21

KARATE AUSTRALIA NATIONALS

HOBART 2026

WELCOME MESSAGES

KARATE AUSTRALIA

On behalf of the Karate Australia Board, it is my great pleasure to welcome you all to the 2026 Karate Australia National Championships.

It is especially meaningful to return to Tasmania, where the spirit of karate continues to thrive through a passionate and dedicated community. While small in size, the Tasmanian karate community consistently demonstrates strength, pride and a commitment to excellence.

I extend my sincere thanks to Karate Tasmania for hosting this year's Championships. Delivering an event of this scale requires extraordinary effort, much of it unseen, and I commend the entire organising team and volunteers whose hard work has made this event possible.



Hani Zahra

I would also like to acknowledge our referees and officials. The success and integrity of our Championships depend on your expertise, fairness and dedication. Your commitment to upholding the highest standards of our sport is deeply appreciated and strengthens Karate Australia as a whole.

To our coaches, thank you for the countless hours you invest in developing and supporting your athletes. Your guidance, leadership and belief in your competitors are fundamental to their success, and we are grateful for the role you play in shaping both athletes and individuals.



TASMANIAN



KARATE AUSTRALIA NATIONALS

HOBART 2026

To the parents, caregivers and families - your support does not go unnoticed. Your commitment, encouragement and sacrifices are the foundation upon which our athletes build their journeys. On behalf of Karate Australia, and your children, thank you.

And to our competitors - congratulations on reaching this stage. Competing at the National Championships is a significant achievement and a testament to your dedication and hard work. As you represent your state, do so with pride, integrity and respect.

While medals are an important part of competition, the true value lies in your character - the discipline to prepare, the courage to compete, and the respect you show to others. These Championships are not only a showcase of skill, but of the spirit of karate.

I wish you all a successful, inspiring and memorable National Championships.



Hani Zahra

National President and Board Chair

Karate Australia



TASMANIAN



KARATE AUSTRALIA NATIONALS

HOBART 2026

KARATE TASMANIA

On behalf of the Board of Karate Tasmania, it is my great pleasure to welcome you to the 2026 Karate Australia National Championships.

The Nationals brings the nation's best athletes to MyState Bank Arena from July 10–12 for three days of world-class competition showcasing elite kata and kumite across all age divisions.

The Nationals represent the pinnacle of domestic karate in Australia — discipline, dedication, respect, excellence and sportsmanship and we will witness performances and unforgettable moments on Tasmania's biggest sporting stage.

Our Nationals are more than a competition; they are a celebration of community, commitment and the pursuit of personal best.



Adam Minster

I congratulate every competitor, coach and official for their contribution and wish you success on and off the tatami.

A handwritten signature in black ink, appearing to read 'Adam Minster'.

Adam Minster
Chair
Karate Tasmania



TASMANIAN



KARATE AUSTRALIA NATIONALS

HOBART 2026

TASMANIAN GOVERNMENT

Welcome to the 2026 Karate Australia National Championships at MyState Bank Arena in Hobart.

On behalf of the Tasmanian Government, I am delighted to welcome you to our beautiful state. We hope you take the opportunity to enjoy the many offerings of southern Tasmania during your stay.

The Karate Australia National Championships stands as Australia's premier showcase of karate.

This year's event brings together almost 1000 athletes competing in kata and kumite across 98 divisions.

Tasmania has a proud history of hosting this prestigious event, having welcomed the National Championships on four previous occasions. We are honoured to partner with Karate Australia to deliver a world-class competition experience for athletes, officials and supporters.

While the athletes step onto the tatami with focus, discipline and determination, the coaches, officials, supporters and volunteers play an equally vital role behind the scenes. These championships would not be possible without their dedication, and we thank them sincerely for their commitment.

With the exceptional talent on display, we can look forward to memorable moments, strong camaraderie, and the sportsmanship and passion that defines karate in Australia.

Southern Tasmania offers an extraordinary backdrop for this year's championships, as a region shaped by natural beauty, rich history and unforgettable experiences.



The Hon Jane Howlett MP



TASMANIAN



KARATE AUSTRALIA NATIONALS

HOBART 2026

From the lively waterfront and heritage streets of Hobart to the dramatic landscapes of the Tasman Peninsula, the south invites exploration at every turn.

I encourage you to explore the region's surrounding towns, each with its own story, character and friendly faces. Enjoy our local culinary offerings, discover scenic trails and coastal lookouts, and take advantage of easy day trips to nearby wineries, distilleries and attractions.

I also invite you to explore more of our island state, immerse yourself in our wilderness, meet our welcoming locals and experience the unique charm that makes Tasmania such a special place.

Good luck to all competitors and enjoy your time in Tasmania.



The Hon Jane Howlett MP
Tasmanian Minister for Tourism, Hospitality and Events

TASMANIAN



TASMANIAN



KARATE AUSTRALIA NATIONALS

HOBART 2026

MYSTATE BANK ARENA

MyState Bank Arena provides the perfect stage for the 2026 Karate Australia National Championships. As Tasmania's premier indoor sports and entertainment venue, the arena offers world-class facilities, expansive seating capacity and a professional competition environment suited to elite national events.

Its central Hobart location (10 minutes from Hobart's city centre) ensures easy access for interstate athletes, officials and spectators, while modern amenities support seamless event delivery across multiple tatami areas.

Known for hosting major sporting fixtures and international acts, MyState Bank Arena combines atmosphere, accessibility and scale, creating an exciting championship setting worthy of Australia's best karate athletes.



MyState Bank Arena



TASMANIAN



KARATE AUSTRALIA NATIONALS

HOBART 2026

SPONSORS

The 2026 Nationals are strengthened by the valued financial support of our event sponsors. Their investment plays a vital role in offsetting key event delivery costs, including venue operations, equipment hire, medical services and athlete amenities. This financial backing enables Karate Tasmania to deliver the best event possible for the Australian karate community. Beyond brand presence, their contribution demonstrates a shared commitment to community sport, athlete wellbeing and the continued growth of national-level karate across Australia.

OFFICIAL PARTNERS



Essential Security



Lumus Imaging

SUPPORTING PARTNERS



FightHQ



Bulk Nutrients



Fine Designs



PUNOK Australia



Tokaido



TASMANIAN



KARATE AUSTRALIA NATIONALS

HOBART 2026

KEY DATES & DEADLINES

ENTRY CLOSING DATE

Entries for the 2026 Karate Australia National Championships will close on June 17. All athletes, coaches and officials must ensure nominations are submitted before this deadline. Late entries will not be accepted.

SCHEDULING

Competitors, coaches and officials are encouraged to check Sportdata for the latest updates regarding divisions, bout times and event schedules. To access Sportdata, as it remains the official source for all championship scheduling information, please [CLICK HERE](#).



TASMANIAN



KARATE AUSTRALIA NATIONALS

HOBART 2026

OFFICIAL MEETINGS & SEMINARS

COACHES BRIEFING & EDUCATION

All coaches participating in the championships are to hold a minimum of Bronze KIA, must complete the KA line coaches online exam and attend the coaches briefing at 5.00pm on July 9 at MyState Bank Arena.

REFEREE'S SEMINAR

The Rules Seminar will take place at MyState Bank Arena on July 9 at 2.00pm and is compulsory for all Referees and Judges. In order to participate in the championships, Judges must hold a minimum accreditation of State Judge A. Referees and Judges wishing to upgrade their accreditation must complete the seminar and exams as outlined in the KA policy.

REFEREE'S SEMINAR SCHEDULE

2.00pm-3.00pm	Seminar
3.00pm-4.00pm	Theory Exam
4.00pm-onwards	Kata Exam



TASMANIAN





PROFESSIONAL SECURITY SERVICES YOU CAN TRUST

Reliable. Visible. Responsive. Always.



TASMANIAN
OWNED & OPERATED



LICENSED
PROFESSIONALS



24/7
RESPONSE



TAILORED SOLUTIONS FOR SAFETY & PEACE OF MIND

PATROLS



HIGH VISIBILITY. ACTIVE DETERRENCE. RAPID RESPONSE.

Our mobile patrols are designed to prevent incidents before they happen. Visible presence and randomised patrols act as a strong deterrent to theft, vandalism and anti-social behaviour.

- ✓ Routine or random patrols
- ✓ Commercial, industrial & residential sites
- ✓ Detailed digital reporting with photos
- ✓ GPS tracked patrols via Guardhouse
- ✓ 24/7 availability across Tasmania



POWERED BY GUARDHOUSE

Real-time reporting, GPS tracking, incident logging and client visibility – all in one secure platform.

ALARM RESPONSES



FAST RESPONSE. VERIFIED. SECURE.

When an alarm is triggered, every second counts. Our officers respond quickly, assess the situation and take appropriate action to secure your property.

- ✓ 24/7 alarm monitoring & response
- ✓ Licensed officers attend site
- ✓ Thorough inspection & threat assessment
- ✓ Coordination with key holders & police
- ✓ Detailed incident reports via Guardhouse



GUARDHOUSE INTEGRATION

Instant notifications, live updates and full incident reporting for complete peace of mind.

CASH COLLECTIONS ARMED & UNARMED



SECURE. DISCREET. RELIABLE.

We provide secure cash collection services tailored to your risk level and operational needs – with the option of armed or unarmed officers.

- ✓ Retail, hospitality & business cash pickups
- ✓ Armed or unarmed options available
- ✓ Secure transport & handling procedures
- ✓ Receipting & bank lodgement
- ✓ Fully insured & compliant operations



SAFE. COMPLIANT. TRUSTED.

All cash collections are conducted in accordance with Australian Standards and industry best practices.

WHY CHOOSE ESSENTIAL SECURITY?



Locally owned
and operated



Highly trained
and licensed
professionals



Professional,
reliable and
accountable



Technology
driven
solutions



24/7 Support
& rapid
response



0418 332 632

admin@essentialsecurity.net.au

www.essentialsecurity.net.au

SERVICING ALL AREAS OF TASMANIA

Launceston | Hobart | Devonport | Burnie | Surrounds



KARATE AUSTRALIA NATIONALS

HOBART 2026

COMPETITION DETAILS

WORLD KARATE FEDERATION RULES

The National Championships will be conducted under the official rules of the World Karate Federation (WKF). All kata and kumite divisions will follow current WKF regulations and competition procedures.



Click [HERE](#) for the
Kata Competition Rules



Click [HERE](#) for the
Kumite Competition Rules

SCHEDULE OF PERMITTED KATA

CHILDREN

- May repeat but not in consecutive rounds (exception is the medal bouts)
- Regardless of number of rounds, the final round is always Tokui
- Round Robin events are all Tokui

Category	Round 1 and 2	Round 3 and after
Children 8 and 9 Years	Heian/Pinan, Gekisai, Saifa or Kanshuwa	Tokui - Free
Children 10 & 11 Years	Heian/Pinan, Gekisai, Saifa or Kanshuwa	Tokui - Free
Children 12 & 13 Years	Heian/Pinan, Gekisai, Saifa or Kanshuwa	Tokui - Free

CADETS, JUNIORS, UNDER 21 and SENIORS

- WKF Rules applied.

VETERANS

- WKF Rules applied



TASMANIAN



KARATE AUSTRALIA NATIONALS

HOBART 2026

TEAM KATA – CHILDREN/CADETS COMBINED

- May repeat but not in consecutive rounds
- Regardless of number of rounds, the final round is always Tokui
- NO Bunkai is required

Category	Round 1 and 2	Round 3 and after
Children Team 13 Years & Under	Heian/Pinan, Gekisai, Saifa or Kanshuwa	Tokui - Free

TEAM KATA -JUNIORS/SENIORS

- WKF Rules Apply
- Bunkai required in medal rounds

ELIGIBILITY & ACCREDITATION

Competitors must be registered members of Karate Australia through their respective state or territory body. Accreditation will be conducted onsite at MyState Bank Arena on July 9.

DIVISIONS

The Karate Australia National Championship recognises national champions in the modalities of kata and kumite across 98 divisions including athletes with disabilities, para-karate visually impaired, age groups (U/10, U/12, U/14), cadet, junior, U/21, senior, veteran and teams divisions.

DRAW PUBLICATION

Karate Australia will publish the official Nationals draw on the evening of July 9, providing athletes, coaches and officials advance notice of divisions, bout order and competition schedules.



TASMANIAN



KARATE AUSTRALIA NATIONALS

HOBART 2026

WEIGH-IN

Official weigh-ins for the Karate Australia National Championships will be conducted as per the below scheduled times on Thursday 9 and Friday 10 July. Each State delegation will be allocated a specific weigh-in window. Athletes must attend during their assigned period and meet weight requirements. Failure to weigh in at the designated time may result in disqualification.

Thursday 9 July – MyState Bank Arena

2.00pm-2.30pm	Tasmania
3.00pm-3.30pm	South Australia
3.30pm-5.30pm	Victoria

Thursday 9 July

12.00pm-1.30pm	Western Australia	Mövenpick Hotel
TBC	Queensland	Ibis Styles
3.30pm-5.30pm	New South Wales	Hotel Grand Chancellor

Friday 10 July – MyState Bank Arena

9.00am-12:00pm	Remaining athletes
----------------	--------------------

This Friday session is available for:

- Athletes who were unable to attend their allocated Thursday weigh-in.
- Exceptional circumstances approved by the Tournament Director.
- Verification of any athletes where a discrepancy has been identified.

WARM-UP AREA & ATHLETE MARSHALLING

The warm-up area for the championships will be located in the Derwent Room at MyState Bank Arena, providing athletes with a dedicated space to prepare before competition.

Athletes will be ushered from the Derwent Room through to the marshalling area adjacent to and positioned behind the barrier at MyState Bank Arena before entering the competition floor.



TASMANIAN



KARATE AUSTRALIA NATIONALS

HOBART 2026

MEDAL CEREMONIES

Medal ceremonies will be conducted at lunch and at the conclusion of each competition day, recognising placegetters across all divisions and celebrating outstanding performances in a formal presentation for athletes, coaches and supporters.

ATHLETE BEHAVIOUR

All athletes are expected to uphold the highest standards of behaviour throughout the championships, demonstrating respect toward officials, volunteers, fellow competitors and spectators. Sportsmanship, discipline and adherence to event protocols are essential both on and off the tatami. Athletes must follow marshalling instructions promptly and remain within designated areas unless competing or warming up.

Please note that food and drink are not permitted inside MyState Bank Arena, with the exception of a sports water bottle. Water fountains will be made available to all competitors, officials and volunteers and will be positioned in the warm-up, competition and official lunch room.

This policy supports venue regulations and ensures a clean, safe and professional environment for all participants and attendees.

VOLUNTEERS WANTED

Karate Australia is seeking dedicated volunteers for the 2026 National Championships. Volunteers will play vital roles as table officials and marshals, ensuring smooth event operations. This is a great opportunity to support athletes, gain experience, and contribute to a premier sporting event while being part of a positive, team-focused environment. Please click [HERE](#) to volunteer your time during the Nationals.



TASMANIAN





PUNOK KARATE NATIONALS TASMANIA 2026

**ENTER RAFFLE
TO BE DRAWN ON THE 12/07/2026**

**PRIZE →
10 TO BE WON!**



LINK TO ENTER:

[HTTPS://FORM.JOTFORM.COM/261091044510040](https://form.jotform.com/261091044510040)



<https://form.jotform.com/261091044510040>

<https://www.punokaustralia.com>

[HTTPS://WWW.PUNOKAUSTRALIA.COM](https://www.punokaustralia.com)

KARATE AUSTRALIA NATIONALS

HOBART 2026

SPECTATORS, TRANSPORT & ACCOMMODATION

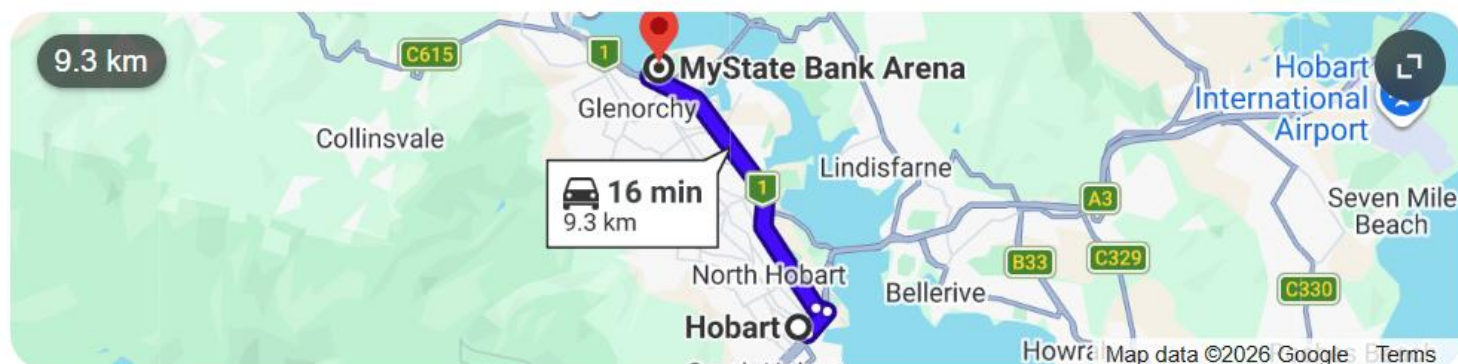
SPECTATOR & ACCESS TIMES

Spectator entry fees for the championships will be available as single-day passes or full event passes, offering flexibility for families and supporters. Doors will open to spectators one hour prior to the commencement of competition each day, allowing ample time for seating and event viewing preparations.

	1 DAY PASS	3 DAY PASS
ADULT	\$22.00	\$55.00
CHILD	\$9.00	\$17.00

TRANSPORT

Transport between the Hobart CBD and MyState Bank Arena is convenient and accessible for athletes and spectators attending the championships. The arena is located approximately 15 minutes by car from the city centre at 601 Brooker Highway, Glenorchy, with taxis and rideshare services readily available.



Public bus services operate regularly between the CBD and Glenorchy, stopping within walking distance of the venue. For those preferring active travel, cycling paths connect the city to the arena precinct. Clear signage will assist visitors travelling to and from the venue throughout the event.



TASMANIAN



KARATE AUSTRALIA NATIONALS

HOBART 2026

PARKING

Parking at MyState Bank Arena is available on-site, with ample spaces for spectators and officials. Attendees are encouraged to arrive early, as parking is subject to availability during peak periods.

RECOMMENDED HOTELS

For visiting competitors and supporters, recommended accommodation options include Wrest Point, a spacious hotel-casino in scenic Sandy Bay with great views and transport links; Crowne Plaza Hobart by IHG, a highly-rated city centre hotel; Mövenpick Hotel Hobart, offering modern comfort and harbour views; and ibis Styles Hobart, a stylish mid-range option close to shops, dining and public transport. These hotels provide excellent bases for exploring Hobart and enjoying the event atmosphere.

This period is an incredibly busy time in Hobart with most hotels being full booked. This also means that rates will be at a higher premium.

WINTER IN TASMANIA

Winter is a great time to travel to Tasmania, with cool, brisk days and long nights spent in front of an open fire with a good book and a glass of Tasmanian pinot (or local whisky)! Daily temperatures range from between 3 and 11 degrees Celsius, but of course it will get much cooler in our alpine zones.

If travelling throughout Tasmania at this time, especially early in the morning or late in the evening, you are likely to come across fog, rain and, sometimes, snow. For those travelling in remote alpine areas, be aware that in some areas, it is a legal requirement to carry snow chains for your car. If travelling in a rental car, be aware of what your excess covers and make sure you're able to travel in the snow.

For some ideas on what to do in Tasmania during your stay, please visit the official Tourism Tasmania website www.discovertasmania.com.au



TASMANIAN



KARATE AUSTRALIA NATIONALS

HOBART 2026

EVENT SERVICES

KAIZEN CULTURE

Kaizen Culture will be onsite capturing professional photography and delivering dynamic social media coverage, showcasing athletes, medal moments and behind-the-scenes highlights while keeping the karate community connected throughout the Championships.

MERCHANDISE

Fine Designs will offer exclusive event merchandise for purchase throughout the championships, including commemorative t-shirts and jumpers. Items will be available for purchase online and at the event, allowing athletes, families and supporters to secure official Nationals apparel. Please scan the following QR code to shop online or at the event.



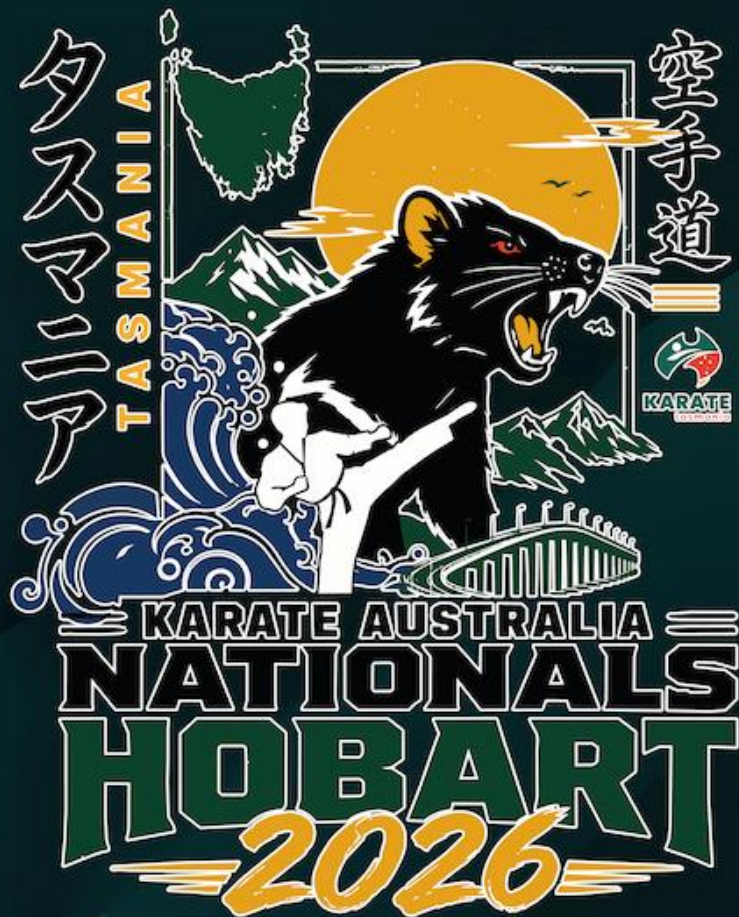
SPOTIFY PLAYLIST

Karate Tasmania will provide a dedicated Spotify playlist throughout the 2026 Karate Australia Nationals, creating an energetic and welcoming atmosphere for athletes and spectators. Members are invited to contribute their favourite tracks, with all song selections required to be suitable for a family-friendly sporting environment. The playlist can be accessed by [CLICKING HERE](#).



TASMANIAN





OFFICIAL EVENT MERCHANDISE

— Limited Event Collection —



On-site merchandise



10–12 July 2026



**MyState Bank Arena
Hobart, Tasmania**



Online Store



SCAN TO SHOP

Shop online and at the event



Fine Designs
IMPRINTED SPORTSWEAR
as special as you

KARATE AUSTRALIA NATIONALS

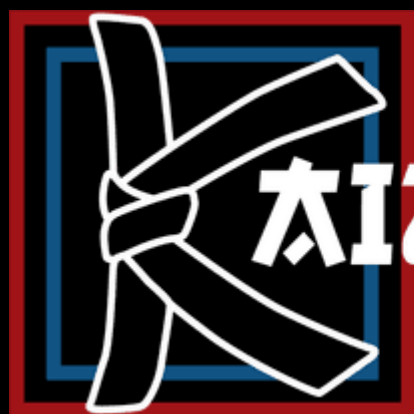
HOBART 2026

LIVESTREAMING

Kaizen Culture, in partnership with Karate Tasmania, will deliver comprehensive livestream coverage of the 2026 Karate Australia Nationals, ensuring the event reaches audiences well beyond Hobart. This collaboration will showcase the very best of Australian karate, providing family members, supporters and the wider sporting community with real-time access to competition across multiple tatami.

The livestream will feature high-quality video production and seamless coverage of all divisions, highlighting both emerging talent and elite athletes. Kaizen Culture's expertise in digital storytelling and event media will ensure a professional broadcast that captures the intensity, discipline and excitement of the championships.

For Karate Tasmania, livestreaming represents an important step in growing the sport's visibility, engaging new audiences and creating lasting digital assets. This initiative not only enhances the event experience but also promotes Tasmania as a premier destination for national sporting events, extending the impact of the championships well beyond the competition floor.



KAIZEN CULTURE



TASMANIAN



KARATE AUSTRALIA NATIONALS

HOBART 2026

CATERING

Catering at MyState Bank Arena during the Championship will feature a range of convenient food and beverage options, including hot meals, fresh snacks, barista coffee and refreshments. Concession outlets throughout the venue will ensure athletes, officials and spectators remain fueled and comfortable across the event.

EVENT SUPPLIERS

Merchandise vendors Adidas, PUNOK, and Tokaido will be onsite at the National Championships, offering approved karate uniforms, protective equipment, apparel and accessories for athletes, coaches and supporters throughout the event.



FightHQ



Bulk Nutrients



Fine Designs



PUNOK Australia



東海堂
TOKAIDO

Tokaido



TASMANIAN



**COME VISIT OUR STAND AT THE
2026 KARATE AUSTRALIA
NATIONAL CHAMPIONSHIPS**



IN PARTNERSHIP WITH



OR CHECK OUT FIGHTHQ ONLINE AT

fighthq.com.au

**FOR ALL YOUR TRAINING AND
COMPETITION NEEDS**